



# BABY IN THE BOARDROOM

CREATING PARENT-FRIENDLY  
BUSINESS SPACES + EXPERIENCES

PRESENTED BY AMY LYNCH



© AMY LYNCH 2019

MIXING

PARENTHOOD +

PROFESSIONAL

DEVELOPMENT

IN REAL LIFE





**PARENTHOOD +**

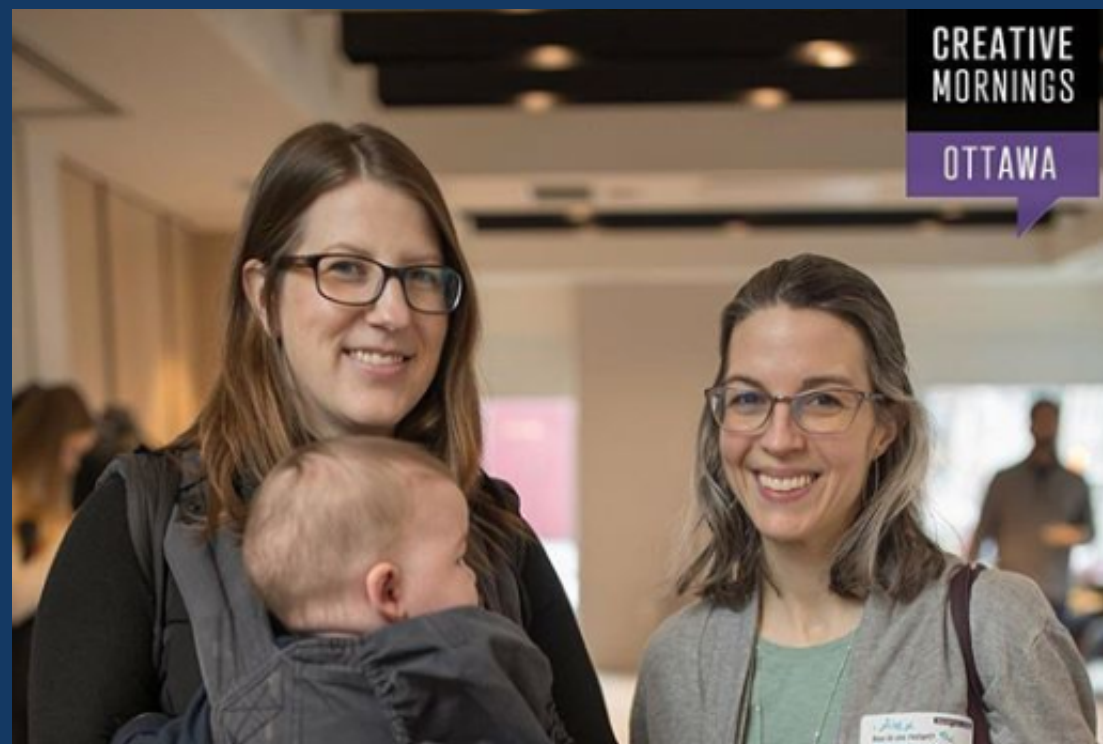
**PROFESSIONAL DEVELOPMENT**

**DON'T HAVE TO BE**

**MUTUALLY EXCLUSIVE**



# REAL LIFE EXAMPLES



# INCLUSIVE TIPS FOR CORPORATES



## BABIES + BUSINESS MINI GUIDE

TO CHILD-FRIENDLY  
EVENTS + SPACES FOR

**CORPORATES**



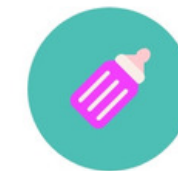
### TIMING + TECHNOLOGY

Are you asking guest(s) to trade their family time for early morning or late evening events? What **flexible solutions** can enable remote participation?



### FRIENDLY ATMOSPHERE

It takes preparation, patience and oftentimes *courage* to venture into the corporate jungle with kids - **smiles are free and always welcome!**



### NEED TO FEED

Can your guest(s) heat up baby food or formula in your venue and do you have a private or comfortable space for nursing mothers to use if requested?



### BABY CHANGE TABLE

Do your accessible and/or unisex washroom(s) have a baby change table and is there signage?



### ON-SITE CHILDCARE

Flexible childcare is scarce and offering it can improve diversity and inclusion amongst your event's attendees, without having to break the bank.

MAKING PARENT + CHILD-FRIENDLY PROFESSIONAL  
DEVELOPMENT A LITTLE LESS 'WILD' AT:

[bit.ly/BabiesBizBreakfast](https://bit.ly/BabiesBizBreakfast)

© Amy Maureen Lynch 2018 | [amymaureenlynch.com](http://amymaureenlynch.com)

# INCLUSIVE TIPS FOR PRIMARY CAREGIVERS



## BABIES + BUSINESS MINI GUIDE

TO NAVIGATING THE  
CORPORATE JUNGLE

WITH KIDS

### NO NEED TO CAMOUFLAGE

Children can bring joy, mess, curiosity and at times, chaos. It's no excuse to hide, stay small or avoid business settings altogether. Embrace it! Expect the unexpected! You're not responsible for the reactions or opinions of others.

### PREP LIKE A PRO

Surprises are nice (for the most part) but on most occasions, you're going to want to brief the kiddo(s) and your host/venue in advance. Prepare for the worst, hope for the best: bring extra diapers, wipes, **SNACKS**, water, toys and a change of clothes for baby (and you)!

### MAP OUT YOUR JOURNEY

We're all for impromptu road trips and exploring the unknown but when you're bringing the whole family along for the ride, it's good to do a bit of research in advance. Think venue opening hours, accessibility, baby change facilities, public transit and parking.

### REST UP AND RECHARGE

Mindset is key! Practice regular self-care, try to be positive, open and adapt as you go along. Everything can be a learning opportunity for next time (if you let it). Remember what worked well and leave out what you didn't love. Most importantly: Look after yourself first!

MAKING PARENT + CHILD-FRIENDLY PROFESSIONAL  
DEVELOPMENT A LITTLE LESS 'WILD' AT:

[bit.ly/BabiesBizBreakfast](https://bit.ly/BabiesBizBreakfast)

© Amy Maureen Lynch 2018 | [amymaureenlynch.com](http://amymaureenlynch.com)

**BABIES  
+ BUSINESS  
BREAKFAST™**

**WEBSITE  
amymaureenlynch.com**

**INSTAGRAM  
@amymaureenlynch**

**NEXT EVENT  
JULY 31st @ 10 AM**

**EXPLORE MORE**

**bit.ly/BabiesBizBreakfast**

**SPEND TIME  
WITH THE ONES**

**YOU LOVE**

**WHILE INVESTING**

**IN YOURSELF**

**THANK YOU FOR YOUR TIME!**